## CLC - CVX - CVC - GCL The CLC Euroteam

## FOUR FUNDAMENTAL STEPS OF HOW TO BE AN APOSTOLIC COMMUNITY IN CURRENT WORLD

1. Starting point and indication of the goal: from needs and sufferings and aiming to happiness and self fulfilment

CHRISTIAN HUMANISM AND (SEARCH FOR HAPPINESS AND JOY)

The undisputable goal of human being is his self fulfilment and the pursuit of happiness. The starting point is the concrete men with its needs and sufferings. Christian faith tells us that we share this goal. The secret is to show that, by a deep inspection of the nature of the human being, the deepest and more consistent individual self fulfilment coincides with God's project for the mankind. Joy is the common denominator of mature Christian achievement (there are no sad saints!).

## 2. Important methods to achieve the goal

2.1 INTEGRATION BETWEEN CONCRETE LIFE AND FAITH.
Faith must speak to everyday life. The CLC path must enable us to find how to incarnate in our daily professional and family life Christian principles so to transform always more our life.

2.2 BUILDING RELATIONSHIP

When there is no dichotomy between faith and life we realize that principles remain abstract if we do not incarnate them into daily relationships by making them deeper and richer.

3. What is usually neglected by our culture (happiness requires effort and exercise)

There is a great mystification in our culture. In sport and professional life we are told that exercise and effort is needed to reach important goals and to be happy and satisfied. On the contrary, in the field of spirituality and affection we are implicitly suggested to live day by day, to follow our inspiration of the moment. If we do not apply exercise and effort also into this field we finish into a dead end and we do not achieve anything in what is the most important field of our life. The principle and the logic of <u>Spiritual Exercises</u> is what are most distant from our culture today...



4 When the goal is at reach (the desire to share our treasure with others)

To be at a good point of our path means experimenting the taste of relationship building, of having the desire to meet other human beings, sharing their problems and desiring to share with them our treasure

Open problems: i) some are so disappointed today that they are not able to formulate clearly their desire for happiness and fulfilment; ii) others are so diverted by the passage from one game to another in the world "playground" that do not feel this need until they are older. In such cases the need for giving a sense to their life is triggered by shocks and crises in which the limit of us being God's creatures is clearly perceived. It is as if car drivers, instead of fuelling their cars periodically, would systematically run out of oil and, after that, walk around with makeshift recipients to find some oil to make their vehicle start again.