Presentation of a project for refugees and migrants by the Austrian CLC-Working Group Migration

Start: May 2016

Objectives: Raising awareness of both – the needs of refugees and the fears of a welfare-society

Title:

# "It is your turn to give them something to eat"



### We are invited to understand the challenges and "frontiers" which we have to face and to get involved with them – with respect, openness and kindness.

Final document of CLC World meeting 2013 in Lebanon

### **Pontifex – the builder of bridges**



A person who only thinks of building walls instead of bridges – wherever these may be – is not a Christian

Pope Francis 17/02/2016

In Austria, the EU states and America politicians are in favour of fences at the borders, stricter law enforcement for asylum seekers and deportation of humans.

### Forced Migration Project CLC Europe since 1999

Justice for forced migrants

### Cooperation concerning refugees with Jesuits

### To enable encounters

### Networking

"....We are allowed to have fears and worries. But it is impossible to look the other way..." Cardinal Schönborn, Vienna 31/08/2015



### Cardinal Schönborn 11/03/2016

The "holy right" "a lack of European of asylum" solidarity"

### Our charism

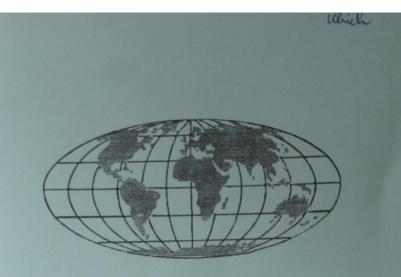
...We aim to become committed Christians in

### bearing witness to those human and Gospel

#### values

within the church and society which affect the dignity of the person, the welfare of the family as well as the whole human community and the integrity of creation...

#### **General Principles of CLC**

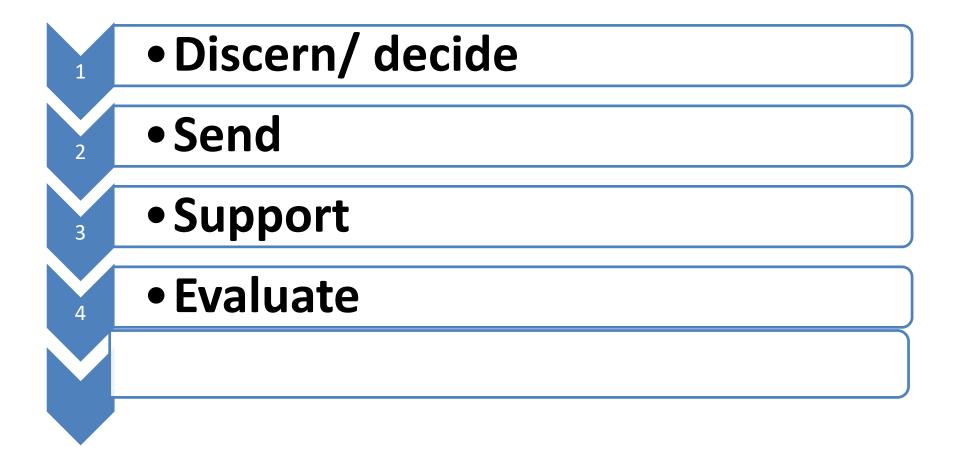


#### ALLGEMEINE GRUNDSÄTZE

der

GEMEINSCHAFT CHRISTLICHEN LEBENS

### Lord, what do you want us to do?



### Identifying three needs



### **Dealing with fear respectfully**

- When feeling fear certain parts of our brain are disconnected

 The normally linked thinking becomes one-sided Right half of the brain: first perception, overall impressions, emotion Left half of the brain: second perception, thinking, language, time, place, images

#### THE BRIDGE

It is the connection and place of exchange between the right and left halves of the brain

#### THE INTERBRAIN

our "old" brain

#### **BRAIN STEM**

it is the center where is selected what will be transferred DANGER-> reflex, battle, flight, pretend to be dead SOMETHING INTERESTING/ TRIFLING -> learning

#### THREE LEVELS OF FEAR

first level of fear:

#### **BREAKING DOWN OF THE BRIDGE**

when the bridge breaks down, only the preferred half of the brain works, according to the type of person, either the emotional or the factual one.

second level of fear:

#### SWITCHING OFF OF THE CEREBRAL CORTEX

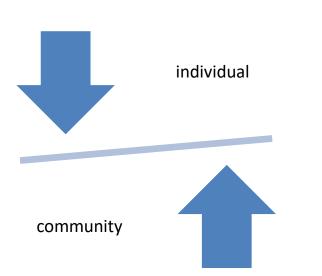
the interbrain goes into the lead, and emergency programs are called up that have been learned and are applied

third level of fear:

#### **BRAIN STEM TAKES OVER**

even learned patterns fail: reflex and instinct lead to combat, flight and pretending to be dead

As regards the "crisis of refugees" we are at least at level one of fear, we no longer react with all parts of the brain. If not all parts of the brain are involved learning /integration is not possible.



There is a tention between the needs of the individual and the community.

The challenges of experiencing FEAR, STRESS and PAIN to find the respective middle is a permanent task of our life.

#### **Group meetings:**

spirituality as a source of my personal independance – listening deeply into ourselves

#### becoming aware of the fears in the group





#### Sharing of ideas on a local/regional jour fixe

# Weaving a web of support at a networking meeting?



### MISSION

The language as a possibility of mutual understanding

A foreign place of living needs to be understood



#### -> helpers with learning

#### -> culture-companion

### MISSION

Being a voice for ...
(petitions, discussions,...)



• Being able to overcome sufferings by talking



#### -> chance of humanity

### -> being listened to

### MISSION

 Help by dealing with the hurdles of bureaucracy: applicationforms



-> a companion to bureaucracy  Help refugees get out of their dependance



-> model of "timesharing-bank"

### Work group:

## helps with organizing, arranging necessary things, visits, moves...



## Outlook

### Networking meeting "We, too, give them something to eat"

